

East Pool Schedule

Schedules subject to change.

Effective: June 6 - July 10, 2010



TIME	MON	TUES	WED	THURS	FRI	SAT	SUN
5:30 am							
6:30							
7:00							
7:30	Adult Open	Adult Open	Adult Open	Adult Open	Adult Open		
8:00						Adult Open	
8:30	7:30-9 a	7:30-10 a	7:30-9 a	7:30-10 a	7:30-9 a	8:15-9:45 a	
9:00	AOA		AOA		AOA		
9:30	9-10 a		9-10 a		9-10 a		
10:00	Youth Lessons	10-11:30 a	Adult	Youth Lessons	Adult		
10:30			10 a-1 p	10-11:30 a	10 am-1 p	Youth Lessons	
11:00						9:45-11:45 a	
12 pm	Parent Child	11:30 a-12:30 p	Parent/Child	Parent Child	Parent Child	Adult	
12:30	Adult Open	11:30 a-1 p	11:15 a-12:30 p	Adult 11:30 a-1p	11:15 a-12:30 p	11:45 a-1 p	
1:00	CDC			1-2 p			Par/Child & Youth
1:30						Youth & Parent/Child	1:15-3 p
2:00	Arth Aquatics	CDC	Arth Aquatics	CDC	Arth Aquatics		
2:30	2-3 p	2-3 p	2-3 p	2-3 p	2-3 p	1-3 p	Adult
3:00	CDC			3-4 p			3-4:15 p
3:30							
4:00	Youth	Youth 4-4:45 p	Youth Lessons	Youth 4-4:45 p	Youth		
4:30	4-5:30 p		4-5:30 p		4-5 p		
5:00		Youth Lessons		Youth Lessons	Parent/Child		
5:30	Cardio Aqua	4:45-6:15 p	Cardio Aqua	4:45-6:15 p	5-6 p		
6:00	5:30-6:30 p	Parent/Child &	5:30-6:30 p	Parent/Child &	Adult		
6:30	Parent/Child &	Youth 6:15-7 p	Parent/Child &	Youth 6:15-7:15 p	6-7 p		
7:00	Youth 6:30-7:15 p	Adult	Youth 6:30-7:15 p	Adult			
7:30	Adult 7:15-8 p	7-8 p	Adult 7:15-8 p	7:15-8 p			
8:00							
8:30							
9:00							

We will be closed Monday, July 5th for Independence Day.

Rehab Whirlpool Schedule

MON	TUES	WED	THURS	FRI	SAT	SUN
7:30-9 am 10 am-2 pm 3-8 pm	7:30-10 am 10 am-2 pm 3-8 pm	7:30-9 am 10 am-2 pm 3-8 pm	7:30-10 am 10 am-2 pm 3-8 pm	7:30-9 am 10 am-2 pm 3-7 pm	8:15 am-3 pm	1:15-4 pm

Findlay Family YMCA / 300 E Lincoln Street / Findlay, OH 45840 / 419-422-4424

East Pool Schedule

Schedules subject to change.

Effective: July 11-August 11



TIME	MON	TUES	WED	THURS	FRI	SAT	SUN
5:30 am							
6:30							
7:00							
7:30	Adult Open	Adult Open	Adult Open	Adult Open	Adult Open		
8:00						Adult Open	
8:30	7:30-9 a	7:30-10 a	7:30-9 a	7:30-10 a	7:30-9 a	8:15-9:45 a	
9:00	AOA		AOA		AOA		
9:30	9-10 a		9-10 a		9-10 a		
10:00	Youth Lessons	10-11:30 a	Adult	Youth Lessons	Adult		
10:30			10 a-1 p	10-11:30 a	10 am-1 p	Youth Lessons	
11:00						9:45-11:45 a	
12 pm	Parent Child	11:30 a-12:30 p	Parent/Child	Parent Child	Parent Child	Adult	
12:30	Adult Open	11:30 a-1 p	11:15 a-12:30 p	Adult 11:30 a-1p	11:15 a-12:30 p	11:45 a-1 p	
1:00	CDC				1-2 p		Par/Child & Youth
1:30						Youth & Parent/Child	1:15-3 p
2:00	Arth Aquatics	CDC	Arth Aquatics	CDC	Arth Aquatics		
2:30	2-3 p	2-3 p	2-3 p	2-3 p	2-3 p	1-3 p	Adult
3:00	CDC						3-4:15 p
3:30	3-4 p						
4:00	Youth	Youth 4-4:45 p	Youth Lessons	Youth 4-4:45 p	Youth		
4:30	4-5:30 p		4-5:30 p		4-5 p		
5:00		Youth Lessons		Youth Lessons	Parent/Child		
5:30	Cardio Aqua	4:45-6:15 p	Cardio Aqua	4:45-6:15 p	5-6 p		
6:00	5:30-6:30 p	Parent/Child &	5:30-6:30 p	Parent/Child &	Adult		
6:30	Parent/Child &	Youth 6:15-7 p	Parent/Child &	Youth 6:15-7:15 p	6-7 p		
7:00	Youth 6:30-7:15 p	Adult	Youth 6:30-7:15 p	Adult			
7:30	Adult 7:15-8 p	7-8 p	Adult 7:15-8 p	7:15-8 p			
8:00							
8:30							
9:00							

Rehab Whirlpool Schedule

MON	TUES	WED	THURS	FRI	SAT	SUN
7:30-9 am 10 am-2 pm 3-8 pm	7:30-10 am 10 am-2 pm 3-8 pm	7:30-9 am 10 am-2 pm 3-8 pm	7:30-10 am 10 am-2 pm 3-8 pm	7:30-9 am 10 am-2 pm 3-7 pm	8:15 am-3 pm	1:15-4 pm