

West Pool Schedule

Effective June 6 - July 10, 2010



We will be closed Monday, July 5th for Independence Day.

| TIME | MON | TUES | WED | THURS | FRI | SAT | SUN |
|---------|-------------------------------------|---------------------|-------------------------------------|---------------------|-------------------------------------|--------------------|----------------------|
| 5:30 AM | | | | | | | |
| 7:00 | Lap Swim | | Lap Swim | | Lap Swim | | |
| 8:00 | 5:45 -9:45 a | | 5:45 a-9:45 a | | 5:45-9:45 a | Lap Swim 8:15-10 a | |
| 9:00 | Adult Open 9:15-9:45 a 2 lanes only | Lap Swim 5:45 a-1 p | Adult Open 9:15-9:45 a 2 lanes only | Lap Swim 5:45 a-1 p | Adult Open 9:15-9:45 a 2 lanes only | | |
| 10:00 | Volleyball 9:45-11 a | | Volleyball 9:45-11 a | | Volleyball 9:45-11 a | Volleyball 10-11 a | |
| 11:00 | Lap Swim 11 a-1 p | | Lap Swim 11 a-1 p | | Lap Swim 11 a-1 p | | |
| 12 PM | | | | | | Lap Swim 11a-2 p | |
| 1:00 | | | | | | | |
| 2:00 | CDC 2-3 p | | CDC 2-3 p | | CDC 2-3 p | | Lap Swim 1:15-4:15 p |
| 3:00 | CDC 3-4 p | | | | | | |
| 4:00 | Day Camp 4-5 p | | | | | | |
| 5:00 | | | | | | | |
| 6:00 | | Lap Swim | | | Lap Swim | | |
| 7:00 | | 5:30-8 p | | | 5:30-7 p | | |
| 8:00 | | | | | | | |
| 9:00 | | | | | | | |



Open Swim Descriptions

Jr. Youth = 7 - 12 years old
 Sr. Youth = 13 - 18 years old
 Adult Open = Adult Membership holder

Schedules subject to change.

- Youth Swim: Youth only - Ages 7 through High School. Not for Adults.
- Adult Swim: Adults Only. Adults in West Pool limited to swimming within lap lanes. Lap swimming in East Pool limited to 2 lanes or space available.
- Parent/Child: All children must be accompanied by an adult 18 years or older. Adults must swim and stay in pool with children at all times.
- Lap Swim: All ages. Must be swimming laps.



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