



Upcoming Dates:

- Friday, March 17th - St Patrick's Day
- Saturday, March 18th - Parent's Night Out - Register by 3/16
- Monday, March 27th - Member Spring Program Registration begins
- April 3rd - Program Participant Spring Program Registration begins
- April 17th - Spring Program begin
- Closed 12-3 pm on April 14th for Good Friday
- Closed All Day on Sunday, April 16th for Easter

PROGRAM SPOTLIGHTS

[Parent's Night Out on March 18th / 5-9 pm / Ages 3-12 years](#)

Theme: St. Patrick's Day! Children are encouraged to wear **GREEN**. Children will enjoy exciting games in the gym, a leprechaun treasure hunt, light snack, and a movie. Parents can drop off their children starting at 4:30 pm. Parents **MUST** sign wavier before leaving the YMCA at drop-off. There will be a \$5 late fee for every half hour that

you are late to pick up your child(ren). The person picking up child(ren) must be the same person on the registration form and have an ID when picking up child(ren). Please register your child by Thursday, March 16th for planning purposes.
Fees: Members \$15/child and Program Participants \$30/child
Next Parent's Night Out: April 1st from 5-9 pm

Coming May!

5th Annual Daddy Daughter Dance

Enjoy an enchanted evening Under the Sea

Refreshments will be served and a photographer will be available to capture the moment.



When: May 5th

Time: 7-8:30 pm

Where: Downtown YMCA

Fee: Members \$15/couple & Program Participants \$20/couple
\$3 additional daughter

Family Fun Night at the Y on March 31st & April 7th / 6-8 pm

The Findlay YMCA understands the importance of spending quality time with family. Family Nights encourage families to play together, and learn together. Bring your family to the Y for FREE and enjoy our new inflatable Bounce House, organized games in the gym, swimming, craft, and a light snack.

Senior Lunch n' Learn on Thursday, April 6th / 11:30 am -12:30 pm

Come enjoy lunch and an educational presentation
"Dining Out Healthy and Smart"
by Rachel Snyder, RDN, LD. The presentation is FREE but seating is limited please preregister at the YMCA by Wed, March 29th. If you would like lunch from Main Street Deli the cost is \$8.



Healthy Kids Day on Friday, April 21st / 5-8 pm



The Findlay Family YMCA, the University of Findlay's College of Health Professions, the Findlay City Health Department, and the Hancock County Educational Service Center are excited to bring you the Y's annual Healthy Kids Day®! Healthy Kids Day® is a nation-wide YMCA event that jumpstarts

kids and their families into a healthy and active summer. Join us on April 21 from 5-8pm at the University of Findlay's Koehler Center for an evening full of family fun, exciting activities, healthy snacks, and awesome prizes! This event is FREE and open to the community.

Currently Registering for:

- Girls Volleyball League
- Middle School Basketball League
- Summer PreSchool Specialty Camps
- Summer KinderCamp
- Summer KidVenture Day Camp
- Riverside Summer Camp
- Sports & Specialty Summer Camps AM & PM
- AM & PM Summer T-Ball

[Click here to register for programs!](#)

[Summer Camp Brochure Part 1/Summer Camp Brochure Part 2](#)

ActivTrax Monthly Challenge for March

"Spring Into Shape"

Join us in this month's ActivTrax *Spring Into Shape* challenge. You'll receive 100 points for each ActiveTrax workout you complete and 50 points for each cardio activity you record. This month's objective is to earn 1,400 points.

Need more information? Contact Kallie Allen, Healthy Living Director at 419-422-4424 or email at kallen@findlayymca.com

SPECIAL EVENTS

[Findlay Frogs Swim Team](#)

The Findlay YMCA Frogs ended their swim team season at the YMCA championships at Bowling Green State University. This was the first time in many years that the team was at the championship meet. The Frogs took 19 swimmers to Champs. They competed in many different events ranging from Relays to having 2 swimmers swimming the 500 yard event. The swimmers had many time drops in their events they were swimming and competed well on a very big stage with great poise and sportsmanship. The Frogs had a great winter season and are looking forward to the upcoming summer swim season.



Black Swamp Golf Classic will take place on Tues, May 16th at Red Hawk Run Golf Course. Please join us for a day of golf or volunteering! Proceeds raised from the Golf Outing will support the Y's Youth Obesity Prevention Initiative and the Braden Kramer Foundation- supporting families with children who are battling pediatric cancer. New this year, Findlay Chrysler donated a 2017 Jeep Cherokee Sport to be raffled off at the outing. Tickets are on sale for \$100 each.

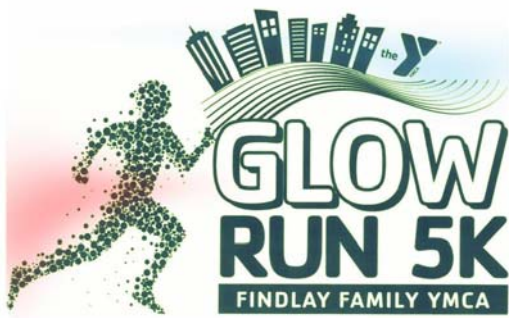


[Click here for more information!](#)



Y-PAC
YMCA Physical Activity Center with Exergaming that includes Gaming Bikes; Interactive Climbing; Strength & Cardio; Active Wall Games; Active Floor Games; Dance & Step Games
for ages 8-13 years





Glow Run 2017 will take place on Friday, June 23! Please watch for more details. Set a goal to make this fun run your first 5K!

2017 Annual Support Campaign

"Your Y. Your Year!" will kick off in April, led by co-chairs: Kerry Kirk and Christian Pedersen. This important campaign raises funds to make the Y available to all in our community.

MY YMCA STORY:

Have a YMCA story you'd like to share? We are running a monthly campaign encouraging the community to share their Findlay Family YMCA stories. [Click here for the form and submit it to one of the front desks - you will be entered to win a free month at a Findlay Y of your choice!](#)

