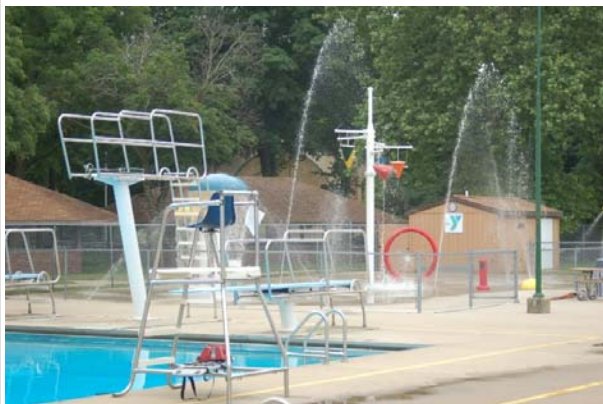




## FINDLAY FAMILY YMCA May 2017 NEWS

### YMCA Summer Hours begin Friday, May 26th!

- Mon-Thurs 5 am-9 pm
- Fri 5 am-8 pm
- Sat 7:30 am-5 pm
- Sun @ Downtown 11 am-3 pm
- Sun @ East Branch 2 pm-6 pm



Summer's Coming!

### Riverside Pool Opens Saturday, May 27th

Hours: Noon-7 pm - Everyday!

**Purchase your season pass NOW!**  
Daily Rates: Youth \$2 & Adult \$4

# Healthy Kids Day

Recap



April 21, 2017 was the day set aside to get kids and families active, and what a success it was. Our 5th annual Healthy Kids Day event had more than 1,124 people join the fun at The University of Findlay Koehler Center. The strong collaboration between The Findlay Family YMCA, The University of Findlay, Hancock public Health, and Blanchard Valley Health System allowed individuals to take advantage of free health screening sponsored by Hancock Public Health. Healthy snacks donated by Blanchard Valley Health System, and more than a 120 students from the University of Findlay volunteered their time to make each event enjoyable for the little ones. Without these wonderful sponsors this event would not be possible. A big thank you goes out to all those who helped out and participated in this outstanding event.

Stephanie Parsons  
Operation Director



## Couch to 5K

Downtown Branch



Interested in running but don't know where to start? The Y's Couch to Glow Run (5K) program is the perfect solution for you! This 8 week program eases you into running gradually. Throughout the training the run group will meet twice a week to build endurance and confidence for each participant to complete the 3.1 mile YMCA Glow

Run on June 23rd. Registration includes water bottle and race entry into the Findlay YMCA Glow Run!

Tuesdays at 5:30 pm & Saturdays at 8 am / Session began May 2nd but you can still join in!

Fee: \$35 for Members and \$45 for Program Participants

Contact Chandlar Henry, Program Director for more information at [chenry@findlayymca.com](mailto:chenry@findlayymca.com) or call 419-422-4424

## Mother Daughter Tea Party

When: Friday, May 12th

Where: Downtown Branch

Time: 6-8 pm

Registration Deadline: May 8th

Fee: Members \$15/couple, \$3 each additional daughter

Program Participants \$20/couple, \$5 each additional daughter



Join us for an evening of togetherness and relaxation as you sip tea and enjoy small pastries with your daughter. There will be tea party games, adorable craft for the girls to take home & nail painting.

For more information contact Chandlar Henry at [chenry@findlayymca.com](mailto:chenry@findlayymca.com) or 419-422-4424

## CAMP MOVE IT

Strong Minds, Strong Hearts, Strong Bodies

June 19th-23rd / 9 am-4 pm

Promoting Healthy Lifestyle Changes

- For ages 8-12
- Fun activities, games and socializing
- Develop healthier habits
- Experience exciting challenges
- Delicious Snacks
- Registration deadline: June 16th



Fee: Members \$20 & Program Participants \$30

For more information contact Chandlar Henry at [chenry@findlayymca.com](mailto:chenry@findlayymca.com) or 419-422-4424

## FAMILY FUN NIGHT

**May 25th / 6-8 pm**

The YMCA understands the importance of spending quality time with family. That's why we are going to regularly schedule events that happen throughout the year to keep you and yours busy, happy and healthy!

Laugh, Love, Learn and Grow together as a family with:

- Crafts
- Organized games in the gym
- Inflatable Bounce House
- Swimming
- Light Snack
- Fee: Members \$5 per family & Program  
Participants \$15 per family



Contact Chandlar Henry for more information at [chenry@findlayymca.com](mailto:chenry@findlayymca.com) or call 419-422-4424



## **GLOW RUN**

**Friday, June 23rd at 9:00 PM**

**First Lutheran Church - Downtown Findlay**

\$25.00 until June 18th, then \$30.00  
Family/Group Rate is available  
(T-Shirts are guaranteed to those  
registered prior to June 18th)  
Glow Gear will be provided.



**[REGISTER HERE!](#)**

**Register before May 15th and you will be entered in a drawing to win a \$200 Gift Certificate for a new pair of Nike Running Shoes.**

Contact Jennifer Treece for more information at [jtreece@findlayymca.com](mailto:jtreece@findlayymca.com) or call 419-422-4424

**Heritage Society**

The Findlay Family YMCA is committed to strengthening the foundations of community through our focus on YOUTH DEVELOPMENT, HEALTHY LIVING and SOCIAL RESPONSIBILITY. Through the Heritage Society membership you can show your support to the YMCA Endowment for years to come.



Contact Jennifer Treece for more information at [jtreece@findlayymca.com](mailto:jtreece@findlayymca.com) or call 419-422-4424

## 2017 Annual Support Campaign

### Your Y, Your Year!



Your Year, Your Y!! - Annual Campaign Kickoff was May 1st - A Treadmill-A-Thon was held in Downtown Findlay in which 25 participants each ran to complete a full 26.2 Miles. We had a great turnout and start to the campaign. Campaign Co- Chairs Kerry Kirk and Christian Pedersen encourage everyone to do their part and make a donation to the campaign.

Everyday, the Findlay Family YMCA gives our community the support it needs to learn, grow and thrive. From advocacy, mentoring, disease prevention, athletics, basketball and dance classes, everything we do helps strengthen our neighborhoods and the

people who live there.

Keeping the Findlay and Hancock County community great is a full-time job. Every day, our community faces new challenges that create a greater need for the work we do. And we need your help to do it. Your gift can help our community and everyone in it shine!

We are excited to lead the 2017 Your Y, Your Year Annual Support Campaign. The Y helps so many in our community live healthier, better lives.

Kerry Kirk and Christian Pedersen



**PLEASE GIVE TODAY**

## BLACK SWAMP GOLF CLASSIC

Black Swamp Golf Classic will take place on Tuesday, May 16 at Red Hawk Run Golf Course. Please join us for a day of golf or volunteering! [Get more information by clicking here.](#) Proceeds raised from the Golf Outing will support the Y's Youth Obesity Prevention Initiative and the Braden Kramer Foundation-supporting families with children who are battling pediatric cancer. New this year, Findlay Chrysler has donated a 2017 Jeep Cherokee Sport to be raffled off at the outing. Tickets are on sale for \$100 each. Contact Jennifer Treece at [jtreece@findlayymca.com](mailto:jtreece@findlayymca.com) or call her at 419-422-4424 for more information on tickets!



---

## NEW STAFF

Meet Amy Johnston - Feed-A-Child Coordinator! Amy joined the YMCA staff in April in her new role. She is retired from Cooper Tire and Rubber and excited about being a part of the Y and helping in the community. Please welcome her!

---

## CHILDREN'S MENTORING CONNECTION

Did you know Children's Mentoring Connection is one of the YMCA's neighbors on Lincoln Street? You don't need super hero powers to be a hero to a child. You could mentor a child one-to-one, as a family or even mentor a child at school. High School students could also get involved in mentoring a child. Stop by their office or give them a call at 419-424-1173 to learn how you can get started!

---

## **YMCA Staff looking for donations of shoes for children in Tanzania, Africa!**

Hi, my name is Abby Walters. Most of you know me from working member services and the wellness center at the YMCA. I am taking a service/mission trip to Tanzania, Africa this summer to help teach English, educate on public health and implement youth sports activities.

I have taken it upon myself to take as many pairs of shoes over to the children and the families that are in need of them. I am looking for help from you and the Findlay community to donate your gently used shoes. There will be a box at the Downtown Branch and the East Branch for you to drop of shoes. We will be taking donations through the end of May.



Thank in advance for your donation!

Abby

Findlay YMCA, 300 E. Lincoln Street, Findlay, OH 45840