



Findlay Family YMCA

August 2017  
NEWS

### ***Dates to Remember:***

- *July 31: Member Program Registration begins*
- *Aug 7: Program Participant Registration begins*
- *Aug 15: Blood Drive at the YMCA (see more below)*
- *Aug 21-27: East Branch CLOSED for Maintenance*
- *Aug 28-Sept 3: Downtown Branch CLOSED for Maintenance*
- *Sept 4: CLOSED for Labor Day*
- *Sept 5: Fall Hours begin: Mon-Thurs 5 am-10 pm; Fri 5 am-9 pm; Sat 7 am-8 pm & Sun 1-6 pm*

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Check out our Fall I Programs at the Y!

[FALL I  
Brochure](#)

### ***FALL I PROGRAMS include...***

- *Infant, Toddler & Preschool Aquatics*
- *Youth Aquatics*
- *Adult Aquatics*
- *Nutritional Coaching*
- *Personal Training*
- *ActivTrax Commit to be Well*
- *Aerobics inc: Cycling, TRX, Flex and Core for Men, Body Blast, Yoga, Dance Fit, Power Toning just to name a few!*
- *Youth Dance*
- *Youth Fitness programs*
- *Y-Guides*
- *ENGAGE*
- *Tumbling & Gymnastics*
- *Sports inc: Basketball, Football, Soccer, Judo, Tennis*
- *Adult Sports*

- *Plus much more!*

Register for Fall I Programs [HERE!](#)

[REGISTER  
FOR  
PROGRAMS](#)

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## *Look What's NEW at the Y!*

### **YPAC**

*(Youth Physical Activity Center)*

*Downtown YMCA  
300 E Lincoln Street / Findlay, OH*

Experience Interactive Fitness & Gamify  
Fitness - fully supervised and safe for kids 8-  
13 years of age.



Exergaming includes:

- Gaming bikes
- Interactive climbing
- Strength and cardio
- Active floor games
- Dance and step games
- Active wall games

#### **Hours of Operation**

Monday - Friday: 9 am-12:15 pm

Monday - Thursday: 4:30 - 8 pm

Contact Chandler Henry, Program Coordinator for more information at  
[chenry@findlayymca.com](mailto:chenry@findlayymca.com) or call 419-422-4424.

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## **JUMP INTO FALL MINI SESSION**

**August 14th - September 2nd**

**3 weeks of Unlimited Group Exercise Classes**

**Fee: Members FREE & Program Participants \$6**

**Sign up at Member Services!**



**August 15th from 9-3pm at the Downtown Branch of the YMCA.**

[Please click here to go to the Red Cross site and enter sponsor code "ymcafindlay" to sign up today!](#)

**COMING SOON...**

## **Birthday Parties at the Y!**

Birthday packages could include:

- Swimming
- YPAC
- Bounce House
- Themed Parties could include: Sports, Mad Science, Super Hero, Girls Day Out, Princess Tea



**Brochure available in August!**

## NIGHT GLOW GOLF EXPERIENCE

Test your skills and join us for an evening of fellowship, fun and friendly competition. We will begin with a cookout on the patio, then a short round of golf and will conclude with snacks and drinks on the patio.



- **Friday, September 29th**
- **Findlay Country Club**
- **Dinner at 7 pm with golf & festivities to follow**
- **Golfing & Dinner \$100 or Dinner & Viewing \$50**

**Proceeds will benefit the YMCA's Annual Campaign.**

***RSVP to Jennifer Treece by Monday, September 25th at 419-422-4424  
or email [jtreece@findlayymca.com](mailto:jtreece@findlayymca.com).***

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### Heritage Society

The Findlay Family YMCA is committed to strengthening the foundations of community through our focus on YOUTH DEVELOPMENT, HEALTHY LIVING and SOCIAL RESPONSIBILITY. Through the Heritage Society membership you can show your support to the YMCA Endowment for years to come.

Contact Jennifer Treece for more information at [jtreece@findlayymca.com](mailto:jtreece@findlayymca.com)  
or call 419-422-4424

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### 2017 Annual Support Campaign

**Your Y, Your Year!**

Everyday, the Findlay Family YMCA gives our community the support it needs to learn, grow and thrive. From advocacy, mentoring, disease prevention, athletics, basketball and dance classes, everything we are excited to lead the 2017 Your Y, Your Year Annual Support Campaign.

Keeping the Findlay and Hancock County community great is a full-time job. Every day, our community faces new challenges that create a greater need for the work we do. And we need your help to do it. Your gift can help our community and everyone in it shine!



**PLEASE GIVE TODAY**

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**Findlay Family YMCA | 419-422-4424 | [Website](#)  
300 E Lincoln Street | Findlay, OH 45840**

STAY CONNECTED:

