



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

EAST GYM SCHEDULE

FINDLAY FAMILY YMCA
2017 FALL 1 SESSION

Hours of Operation

Monday-Thursday	5 am-10 pm
Friday	5 am-9 pm
Saturday	7 am-8 pm
Sunday	1-6 pm

Schedule good from 9/5-10/15

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1-6 pm Open Gym	5:30-9 am Open Gym	5:30-3 pm Open Gym	5:30-9 am Open Gym	5:30-3 pm Open Gym	5:30-3 pm Open Gym	7 am-8 pm Open Gym
	9:30 am-10:30 pm Seniors In Motion	3-5 pm CDC	9:30-10:30 am Seniors In Motion	4-5:30 pm CDC	3-5 pm CDC	
	10:45-11:30am Homeschool PE	5:30-6:30 pm Insanity	11 am-3 pm Open Gym	8-10 pm Open Gym	5-8 pm Open Gym	
	11:30 am-4:30 pm Open Gym	7:15-9:45 pm Open Gym	3-5 pm CDC			
	5-7:15 pm Soccer Classes	3-5 pm CDC	5-7:15 pm Basketball Classes			
	9-10 pm Open Gym		7:15-10 pm Open Gym			

Schedule subject to change

Early closures

In some instances, the gym may close 15 minutes prior to an activity starting to allow time for the safe set up of equipment.
Thank you in advance for your cooperation.

Gym Rules & Etiquette

- No food or drinks in the gym.
- No foul language.
- Leave outdoor footwear outside please!
- Children under 8 should be supervised at all times.
- Please return all equipment after use
- No fighting or use of abusive language