



Findlay YMCA January 2017



Its been quite a January that everyone has endured and life has been anything but dull for your team at the YMCA.

Your Y has enrolled over 450 new members so far and we are thankful for the opportunity to know these friends as they enjoy their new Y member experiences.

Hopefully, you will begin to fully enjoy the additional new equipment, our new signature "Commit to be Well" program powered by ACTIV TRAX and new classes for youth and adults we have brought to the YMCA branches for you!

FOR YOUTH DEVELOPMENT

With Spring many weeks away its hard to think about this, but day camp season is right around the corner. Be watching for our summer camp brochure and exciting enrichment programs held all summer long. For your older ones there may be opportunities to develop some leadership skills and earn a few bucks as camp counselor. This summer will be known as the Best-Summer-Ever.

FOR HEALTHY LIVING

One way we can all have a better tomorrow is if we commit to taking care of ourselves today. Coronary heart disease remains a major health threat to men and women in America. You can help reverse that trend at one of our Y's, whether that's checking in with a Y coach on new ways to approach your fitness program or signing up for one of our group exercise classes.

Please share your successes at the Y, you will be amazed how your stories will inspire more people to live a healthy lifestyle.

Our investment of new fitness machines has been a welcomed addition to our branch wellness centers. Please take a moment to call (or stop by in person) the Welcome Center at either Y branch to set up a personal free appointment with a wellness coach to get started on a routine right for you and others in your family ages 14 plus. Our new free ACTIV TRAX program will serve you well!

FOR SOCIAL RESPONSIBILITY

We have been excited to kick off this new year here at your Y with the Silver Sneakers program helping active older adults lead active lives, meet new friends and find the Y a home away from home, we now have over 800 enrolled at the Y!

The same spirit that gets us through our winters in NW Ohio also powers our annual campaign. We will kick off this years campaign on the spring. We are all inspired by the pivotal role the Y plays in addressing our areas ongoing needs. Creating opportunities for struggling parents to afford quality child care. Ensuring a kid down the street keeps up with academics over the two month summer time frame. Getting the area kids that are on track for obesity and chronic illness onto a healthy path. These are just a few of the ways we impact lives everyday as one Hancock County' s largest charities. With your help we will raise \$110,000 to support our cause and assist hundreds of children and over 2000 individuals. I trust you will join us in giving today for a better tomorrow- and that you'll encourage folks you know to do the same ... for a better us.

Our Annual Meeting will be held on 1.31.17 and this marks the period where a number of key volunteers complete service to the YMCA and new individuals are elected to begin serving a term on the Board of Directors along with our year in review so please visit the Y web site for this look back at 2016 and for our Annual Report.

The Board of Directors is ably led Michael Needler Jr., President of Fresh Encounter and I could not be more excited to continue our important work with Michael and our cause driven Board this coming year.

To all the current and many past Y board members your service to this wonderful organization is deeply appreciated and with out dedicated volunteers and donors our work could never be accomplished.

Its going to be another exciting year at the Y!

With much appreciation and blessings to you,

Brent Finlay
President and CEO

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[Visit our website!](#)