



THIS IS Y

More Than JUST a Gym

Strengthen Community, one neighborhood at a time.

Each day, we encounter people experiencing trauma. Most of the time, that trauma is not life-threatening, but is still impactful. When we confidently assure them that we know what to do and can get them help, we are giving them the greatest gift. It is the gift of letting them know that they are not alone, and that is the promise of community strengthening that we are about every day.



Kerry Kirk and Christian Pedersen are leading our 2017 Community Annual Support Campaign and we need your gift to support our cause of lifting up kids and families in need to overcome challenges that keep them from thriving in today's world. The Y. For a better us.

In Service,
Brent Finlay
President and CEO

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